

THE FRANK RIDGE MEMORIAL FOUNDATION, INC.
a 501(c)3 non-profit organization **presents:**



CONNECTING DOTS: thru the ages.

Four seminars, four Saturdays, four movies focusing on a variety of mental health conditions - in order of typical age of onset - as they develop through the lifespan. This series earns **14 live-in-person NY SED approved CEs** for all NY State licensed social workers, mental health counselors, marriage & family therapists, psychoanalysts and creative arts therapists. **All 4 seminars must be taken for series credit.**

WHEN: 4 consecutive Saturdays,
February 22 & 29 and March 7 & 14, 2020 - 12:45 - 4:30 pm.

WHERE: CAI Training Center,
505 Eighth Avenue (close to 35th Street), 20th floor, NYC, NY.
(conference room and bathrooms are wheelchair accessible)

COST: \$300 for NY Licensed social workers, mental health counselors, marriage & family therapists, psychoanalysts, and creative arts therapists *earning 14 CEs*;
\$175 for Adults (*non-licensed mental health professionals*); \$125 for Students.

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Program Description & Objectives:

Mental health is complicated. It only takes a moment to make a false or potentially fatal step. It takes a lifetime to manage chronic mental and medical health conditions. The cornerstone of the Frank Ridge Memorial Foundation, Inc. are four-part series of film seminars entitled **CONNECTING DOTS**. Each seminar in the series builds upon the one that came before and dovetails into the next. The whole of each series is greater than the sum of its parts. The goals of each series are to:

- Heighten awareness and understanding of mental health conditions through accurate, compassionate, and responsible depictions in film.
- Facilitate early recognition of warning signs, symptoms and behaviors.
- Depict the complex interplay of biology, culture, and environment on a multitude of mental illnesses.
- Examine how mental disorders can be inexorably intertwined.
- Discuss viable, effective, and multi-disciplinary treatment options.
- Explore strategies to build supports and overcome barriers to connected care.

Our **CONNECTING DOTS: thru the ages** series explores: neurodevelopmental disorders; psychotic disorders; addictions; and personality disorders from typical age of onset thru the lifespan. Movies provide a springboard for lively conversation. Seminars are supplemented by resource-rich, up-to-date, take-home materials.

Whether you've been immersed in the world of mental health for minutes or the millennium, our **CONNECTING DOTS** series are for anyone and everyone. Seminars are facilitated by Julie Ridge, LCSW-R, a clinical social worker and master trainer with nearly 30 years experience teaching participants from all walks of life. Ridge is a foster and adoptive parent and maintains a private practice in NYC. She is the founder and President of the Frank Ridge Memorial Foundation, Inc., a non-profit organization dedicated to the loving memory of her father, Frank Ridge. Frank Ridge lived a full, rich, adventurous 90 years with major depressive disorder.

REGISTRATION IS REQUIRED: space is limited for optimal learning.
registration online at www.frankridgememorialfoundation.org
for more information contact: julieridge@frmf.org

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The **CONNECTING DOTS: thru the ages** 4-part film series seminars:

- 1. NEURODEVELOPMENTAL DISORDERS.** Sat, Feb 22, 12:45 - 4:30 pm.
- 2. PSYCHOSIS.** Sat, Feb 29, 12:45 - 4:30 pm.
- 3. ADDICTION.** Sat, March 7, 12:45 - 4:30 pm.
- 4. PERSONALITY DISORDERS.** Sat, March 14, 12:45 - 4:30 pm.

The Frank Ridge Memorial Foundation is approved by the New York State Education Department's State Board as an approved provider of Continuing Education Credits for NY licensed social workers (#SW-0096), mental health counselors (#MHC-0010), marriage & family therapists (#MFT-0014), psychoanalysts (#P-0018), and creative arts therapists (#CAT-0065).

**Register and pay online at: www.frankridgememorialfoundation.org
or return this page with payment to:**

[note: if you elect to pay by mail, please call or email to confirm receipt.]

The Frank Ridge Memorial Foundation, Inc.

% Julie Ridge

400 West 43rd Street; Suite 6-S

New York, NY 10036

REGISTRATION INFORMATION - complete all form fields:

Full Name: _____

Address: _____

City, State, Zip Code: _____

Email Contact: _____

Phone #: _____

License #(s): _____

Profession(s): _____

For professionals with more than one license, CEs can be awarded for each discipline in this series. An administrative fee of \$50 to process each *additional* certificate will be charged.