

**THE FRANK RIDGE MEMORIAL FOUNDATION, INC.**  
a 501(c)3 non-profit organization **presents:**



**CONNECTING DOTS: when multiple disorders collide.**

Four seminars, four powerful movies, four Saturdays. Complicated conditions, complex treatment, in depth conversation. This 4-part series **earns 14 live-in-person NY SED approved CEs** for all NY State licensed social workers, mental health counselors, marriage & family therapists, psychoanalysts and creative arts therapists. **All seminars must be taken in the series for CE credit.**

**WHEN:** 4 consecutive Saturdays,  
February 23, March 2, 9 & 16, 2019; 12:45 - 4:30 pm.

**WHERE:** CAI Training Center,  
505 Eighth Avenue (close to 35th Street), 20th floor,  
(conference room and bathrooms are wheelchair accessible).

**COST:** \$300 for NY Licensed social workers, mental health counselors, marriage & family therapists, psychoanalysts, and creative arts therapists *earning 14 CEs*; \$175 for Adults (*non-licensed mental health professionals*); \$125 for Students.

Healthy refreshments will be served!

**REGISTRATION IS REQUIRED:** space is limited for optimal learning.  
registration online at [www.frankridgememorialfoundation.org](http://www.frankridgememorialfoundation.org)  
for more information contact: [julieridge@frmf.org](mailto:julieridge@frmf.org)

## THE FRANK RIDGE MEMORIAL FOUNDATION, INC.

### Program Description & Objectives:

Get lost in the magic of movies and broaden your understanding of complex mental health issues. Now entering our 6th year, our specialty is finding compassionate, accurate, thought-provoking films that responsibly depict a myriad of mental health conditions. Seminars are supplemented with lively conversation, resource-rich up-to-date take-home materials, and healthy refreshments. Our classroom sizes are small for optimal participation and conveniently located in mid-town Manhattan.

Mental health is complicated. It only takes a moment to make a false or potentially fatal step. It takes a lifetime to manage chronic mental and medical health conditions. Research has demonstrated that understanding is enhanced by studying an array of diagnoses in building block sequence. Each seminar builds upon the one that came before and dovetails into the next, culminating in enhanced appreciation for the complex interplay of mental and medical illnesses. These unique **CONNECTING DOTS** series are the cornerstone of The Frank Ridge Memorial Foundation, Inc.. The goals of each four-part film series are to:

- Heighten understanding of a multitude of disorders.
- Facilitate early recognition of warning signs, symptoms and behaviors.
- Discuss viable, effective and multi-disciplinary treatment options.
- Entertain strategies to build supports and overcome barriers to compassionate, connected care.

Whether you've been immersed in the world of mental health for minutes or the millennium, **CONNECTING DOTS** film seminars are for anyone and everyone. Seminars are facilitated by Julie Ridge, LCSW-R, a clinical social worker and master trainer with nearly 30 years experience teaching participants from all walks of life. Ridge is a foster and adoptive parent and maintains a private practice in NYC. She is the founder and President of the Frank Ridge Memorial Foundation, Inc., a non-profit organization dedicated to the loving memory of her father, Frank Ridge. Frank Ridge lived a full, rich, adventurous 90 years with major depressive disorder.

## THE FRANK RIDGE MEMORIAL FOUNDATION, INC.

The **CONNECTING DOTS: when multiple disorders collide** 4-part film series seminars:

- 1. NEURODEVELOPMENTAL SOUP: autism spectrum, learning disabilities & more.** Sat, Feb 23, 12:45 - 4:30 pm.
- 2. TRAUMA/ANXIETY/DEPRESSION: a one-woman mash-up.** Sat, March 2, 12:45 - 4:30 pm.
- 3. When TOURETTE'S, OBSESSIVE-COMPULSIVE DISORDER & ANOREXIA meet.** Sat, March 9, 12:45 - 4:30 pm.
- 4. BALANCING GENIUS: bipolar, addiction, suicide.** Sat, March 16, 12:45 - 4:30 pm.

The Frank Ridge Memorial Foundation is recognized by the New York State Education Department's State Board as an approved provider of Continuing Education Credits for NY licensed social workers (#SW-0096), mental health counselors (#MHC-0010), marriage & family therapists (#MFT-0014), psychoanalysts (#P-0018), and creative arts therapists (#CAT-0065).

**Register and pay online at: [www.frankridgememorialfoundation.org](http://www.frankridgememorialfoundation.org) or return this page with payment to:**

[note: if you elect to pay by mail, please call or email to confirm receipt.]

The Frank Ridge Memorial Foundation, Inc.

% Julie Ridge

400 West 43rd Street; Suite 6-S

New York, NY 10036

### **REGISTRATION INFORMATION - complete all form fields:**

Full Name: \_\_\_\_\_

Address: \_\_\_\_\_

City, State, Zip Code: \_\_\_\_\_

Email Contact: \_\_\_\_\_

Phone #: \_\_\_\_\_

License #(s): \_\_\_\_\_

Profession(s): \_\_\_\_\_

For professionals with more than one license, CEs can be awarded for each discipline in this series. An administrative fee of \$50 to process each additional certificate will be charged.