

THE FRANK RIDGE MEMORIAL FOUNDATION, INC.
a 501(c)3 non-profit organization **presents:**



CONNECTING DOTS: the enchanted series.

Four seminars, four Saturdays, four animated movies (claymation & graphic novels - no Disney here) - simply enchanting! These 4 films chronicle mental health through the developmental stages and earn **14 live-in-person NY SED approved CEs** for all NY State licensed social workers, mental health counselors, marriage & family therapists, psychoanalysts and creative arts therapists. **All 4 seminars must be taken for series credit.**

WHEN: 4 consecutive Saturdays,
June 1, 8, 15, & 22, 2019 - 12:45 - 4:30 pm.

WHERE: CAI Training Center,
505 Eighth Avenue (close to 35th Street), 20th floor,
(conference room and bathrooms are wheelchair accessible).

COST: \$300 for NY Licensed social workers, mental health counselors, marriage & family therapists, psychoanalysts, and creative arts therapists *earning 14 CEs*; \$175 for Adults (*non-licensed mental health professionals*); \$125 for Students.
Healthy refreshments will be served!

REGISTRATION IS REQUIRED: space is limited for optimal learning.
registration online at www.frankridgememorialfoundation.org
for more information contact: julieridge@frmf.org

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Program Description & Objectives:

Enjoy learning about a smorgasbord of mental health conditions through animated film. This unique sequence of movies explores attachment, childhood trauma, disruptive behaviors, addictive disorders, social anxiety, Aspergers, agoraphobia, depression, bipolar II, Alzheimer's and more. (No Disney films included.) Each film provides a springboard for lively conversation, supplemented by resource-rich, up-to-date, take-home materials.

Mental health is complicated. It only takes a moment to make a false or potentially fatal step. It takes a lifetime to manage chronic mental and medical health conditions. Research has demonstrated that understanding is enhanced by studying an array of diagnoses in building block sequence. Each seminar builds upon the one that came before and dovetails into the next, culminating in enriched appreciation for the complex interplay of mental and medical illnesses. These unique **CONNECTING DOTS** series are the cornerstone of The Frank Ridge Memorial Foundation, Inc.. The goals of each four-part film series are to:

- Heighten understanding of a multitude of disorders.
- Facilitate early recognition of warning signs, symptoms and behaviors.
- Discuss viable, effective and multi-disciplinary treatment options.
- Entertain strategies to build supports and overcome barriers to compassionate, connected care.

Whether you've been immersed in the world of mental health for minutes or the millennium, **CONNECTING DOTS** film seminars are for anyone and everyone. Seminars are facilitated by Julie Ridge, LCSW-R, a clinical social worker and master trainer with nearly 30 years experience teaching participants from all walks of life. Ridge is a foster and adoptive parent and maintains a private practice in NYC. She is the founder and President of the Frank Ridge Memorial Foundation, Inc., a non-profit organization dedicated to the loving memory of her father, Frank Ridge. Frank Ridge lived a full, rich, adventurous 90 years with major depressive disorder.

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The **CONNECTING DOTS: enchanted series** 4-part film series seminars:

1. **REPAIRING DISRUPTED ATTACHMENT.** Sat, June 1, 12:45 - 4:30 pm.
2. **ADOLESCENT ANXIETY MEETS ASPERGIAN LONELINESS.** Sat, June 8, 12:45 - 4:30 pm.
3. **MY DEPRESSION.** Sat, June 15, 12:45 - 4:30 pm.
4. **END OF LIFE CARE.** Sat, June 22, 12:45 - 4:30 pm.

The Frank Ridge Memorial Foundation is recognized by the New York State Education Department's State Board as an approved provider of Continuing Education Credits for NY licensed social workers (#SW-0096), mental health counselors (#MHC-0010), marriage & family therapists (#MFT-0014), psychoanalysts (#P-0018), and creative arts therapists (#CAT-0065).

Register and pay online at: www.frankridgememorialfoundation.org or return this page with payment to:

[note: if you elect to pay by mail, please call or email to confirm receipt.]

The Frank Ridge Memorial Foundation, Inc.

% Julie Ridge

400 West 43rd Street; Suite 6-S

New York, NY 10036

REGISTRATION INFORMATION - complete all form fields:

Full Name: _____

Address: _____

City, State, Zip Code: _____

Email Contact: _____

Phone #: _____

License #(s): _____

Profession(s): _____

For professionals with more than one license, CEs can be awarded for each discipline in this series. An administrative fee of \$50 to process each additional certificate will be charged.