

**THE FRANK RIDGE MEMORIAL FOUNDATION, INC.**  
a 501(c)3 non-profit organization **presents:**



**CONNECTING DOTS womb to tomb:**

**Mental health conditions through the developmental stages.**

Explore mental health conditions from neurodevelopmental growth through neurocognitive decline. This 5-part series **earns 15 live-in-person NY SED approved CEs** for all NY State licensed social workers, mental health counselors, marriage & family therapists, psychoanalysts and creative arts therapists. *All seminars must be taken in the series for CE credit.*

**WHEN:** 5 consecutive Saturdays,

June 2, 9, 16, 23 & 30, 2018; 1:00 - 4:15 pm.

**WHERE:** 482 West 43rd Street (near 10th Avenue), NYC, NY.

Manhattan Plaza Health Club (MPHC),

Club Conference Room (ground floor, wheelchair accessible).

**COST:** \$300 for NY Licensed social workers, mental health counselors, marriage & family therapists, psychoanalysts, and creative arts therapists

*earning **15 CEs***; \$150 for Adults (*non-licensed mental health professionals*); \$75 for Students.

Healthy refreshments will be served!

**REGISTRATION IS REQUIRED:** space is limited for optimal learning.

Registration online at [www.frankridgememorialfoundation.org](http://www.frankridgememorialfoundation.org)

For more information contact: [julieridge@frmf.org](mailto:julieridge@frmf.org)

## THE FRANK RIDGE MEMORIAL FOUNDATION, INC.

### Program Description & Objectives:

Get lost in the magic of movies and enhance your understanding of mental health at the same time! Now in our 5th year, our specialty is finding compassionate, accurate, thought-provoking films that responsibly depict a myriad of mental health conditions. Seminars are supplemented with lively conversation, resource-rich up-to-date take-home materials, and healthy refreshments. Our classroom sizes are small for optimal participation and conveniently located in mid-town Manhattan.

Mental health is complicated. It only takes a moment to make a false or potentially fatal step. It takes a lifetime to manage chronic mental health conditions. Research has demonstrated that understanding mental illness is enhanced by studying an array of diagnoses in building block sequence. Each seminar builds upon the one that came before and dovetails into the next, culminating in enhanced appreciation for the complex interplay of mental illness across the lifespan. These unique **CONNECTING DOTS** series are the cornerstone of The Frank Ridge Memorial Foundation, Inc.. The goals of each film series are to:

- Heighten understanding of a multitude of mental disorders.
- Facilitate early recognition of warning signs, symptoms and behaviors.
- Discuss viable, effective and multi-disciplinary treatment options.
- Entertain strategies to build supports and overcome barriers to compassionate, connected care.
- Explore the complex inter-connectedness of mental health issues.

Whether you've been immersed in the world of mental health for minutes or the millennium, **CONNECTING DOTS** film seminars are for anyone and everyone impacted by mental health diagnoses. Seminars are facilitated by Julie Ridge, LCSW-R, a clinical social worker and master trainer with over 25 years experience teaching participants from all walks of life. Ridge is a foster and adoptive parent and maintains a private practice in NYC. She is the founder and President of the Frank Ridge Memorial Foundation, Inc., dedicated to the loving memory of her father, Frank Ridge. Frank Ridge lived a full, rich, adventurous 90 years with major depressive disorder.

## THE FRANK RIDGE MEMORIAL FOUNDATION, INC.

The June 2018 **CONNECTING DOTS: womb to tomb** 5-part film series seminars:

- 1. Putting it All Together.** Four generations of mental health conditions portrayed in one family. Sat, June 2, 1 - 4:15 pm.
- 2. Neurodevelopment Disorders** through the lifespan. Sat, June 9, 1 - 4:15 pm.
- 3. Substance use & addictive disorders.** Sat, June 16, 1 - 4:15 pm.
- 4. Focus on Bipolar & Depression.** Sat, June 23, 1 - 4:15 pm.
- 5. Neurocognitive Disorders: the deteriorating brain.** Sat, June 30, 1 - 4:15 pm.

\*The Frank Ridge Memorial Foundation is recognized by the New York State Education Department's State Board as an approved provider of Continuing Education Credits for NY licensed social workers (#0096), mental health counselors (#0010), marriage & family therapists (#0014), psychoanalysts (#P-0018) and creative arts therapists (#0065).

**Register and pay online at: [www.frankridgememorialfoundation.org](http://www.frankridgememorialfoundation.org)  
or return this page with payment to:**

[note: if you elect to pay by mail, please call or email to confirm receipt.]

The Frank Ridge Memorial Foundation, Inc.  
% Julie Ridge  
400 West 43rd Street; Suite 6-S  
New York, NY 10036

### **REGISTRATION INFORMATION - complete all form fields:**

Full Name: \_\_\_\_\_  
Address: \_\_\_\_\_  
City, State, Zip Code: \_\_\_\_\_  
Email Contact: \_\_\_\_\_  
Phone #: \_\_\_\_\_  
License #(s): \_\_\_\_\_  
Profession(s): \_\_\_\_\_

### **To earn CEs ALL seminars must be completed.**

For professionals with more than one license, CEs can be awarded for each discipline in our seminars. An administrative fee of \$50 to process each additional certificate will be charged.