

THE FRANK RIDGE MEMORIAL FOUNDATION, INC.
a 501(c)3 non-profit organization **presents:**



CONNECTING DOTS TOO:

Focus on Children, Adolescents & Families

As told through lovingly selected films that accurately and compassionately depict mental health conditions.

This 4-part series is worth **12 SED approved Continuing Education credits** (CEs) for all NY State licensed social workers, mental health counselors, marriage & family therapists and psychoanalysts.

WHEN: 4 consecutive Saturdays,

July 28, August 4, 11 & 18, 2018; 1:00 - 4:15 pm.

WHERE: 482 West 43rd Street (at 10th Avenue), NYC, NY.

Manhattan Plaza Health Club (MPHC),

Club Conference Room (ground floor, wheelchair accessible).

COST: Licensed social workers, mental health counselors, marriage & family therapists and psychoanalysts *earning 12 CEs*: \$250;

Adults (*non-licensed* mental health professionals): \$150; Students: \$75.

Healthy refreshments will be served!

REGISTRATION IS REQUIRED: space is limited for optimal learning.

registration online at www.frankridgememorialfoundation.org

for more information contact: julieridge@frmf.org

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Program Description & Objectives:

Enjoy learning about mental health conditions as expressed in childhood, adolescence and early adulthood while watching movies. Mental health is complicated. It only takes a moment to make a false or potentially fatal step. It takes a lifetime to manage chronic mental health conditions.

Research has demonstrated that understanding mental illness is enhanced by studying an array of diagnoses in building block sequence. The cornerstone of The Frank Ridge Memorial Foundation, Inc. is a unique series of learning seminars entitled **CONNECTING DOTS**. The goals of each film series are to:

- Heighten awareness and understanding of mental health through accurate and compassionate depiction in film.
- Facilitate early recognition of warning signs, symptoms and behaviors.
- Depict the interconnectedness, overlap and co-morbidity of various mental health issues.
- Discuss viable, effective and multi-disciplinary treatment options.
- Explore strategies to build supports and overcome barriers to compassionate, connected care.

Whether you've been immersed in the world of mental health for minutes or the millennium, **CONNECTING DOTS** film seminars are for anyone and everyone impacted by mental health issues. Our specialty is finding compassionate, accurate, thought-provoking films; keeping class sizes small to invite open discussion; and providing resource-rich, annually updated take-home materials. Healthy refreshments catered by Fountain House are served!

Seminars are facilitated by Julie Ridge, LCSW-R, a clinical social worker and master trainer with over 25 years experience teaching participants from all walks of life. Ridge is a foster and adoptive parent and maintains a private practice in NYC. She is the founder and President of the Frank Ridge Memorial Foundation, Inc., dedicated to the loving memory of her father, Frank Ridge. Frank Ridge lived a full, rich, adventurous 90 years with major depressive disorder.

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The July/August 2018 **CONNECTING DOTS TOO: focus on children, adolescents & families** 4-part film series seminars:

- 1. It all begins with secure attachment.** Sat, July 28, 1 - 4:15 pm.
- 2. Typical vs. Neurotypical childhood development.** Sat, Aug 4, 1 - 4:15 pm.
- 3. Teen Addiction: the impact & devastation.** Sat, Aug 11, 1 - 4:15 pm.
- 4. Bipolar: as it manifests in childhood & adolescence, a mother's tale.** Sat, Aug 18, 1 - 4:15 pm.

*The Frank Ridge Memorial Foundation is recognized by the New York State Education Department's State Board as an approved provider of Continuing Education Credits for NY licensed social workers (#0096), mental health counselors (#0010), marriage & family therapists (#0014) and psychoanalysts (#P-0018).

Register and pay online at: www.frankridgememorialfoundation.org or return this page with payment to:

[note: if you elect to pay by mail, please call or email to confirm receipt.]

The Frank Ridge Memorial Foundation, Inc.
400 West 43rd Street; Suite 6-S
New York, NY 10036

REGISTRATION INFORMATION:

Full Name: _____
Address: _____
City, State, Zip Code: _____
Email Contact: _____
Phone #: _____
License #(s): _____
Profession(s): _____

**To earn licensed mental health provider CEs,
ALL seminars must be completed to receive full credit.**

For professional with more than one license, CEs can be awarded for each in our seminars. An administrative fee of \$50 to process each additional certificate will be charged.